

IRP – Worldchampionchips 2014 / Ciechanow – Poland: Results Benchpress

Woman:

Juniors : 1. Maryana Naumova / Russia / 74,0 kg / 120,0 kg / 186,60 p. / **WR**.
2. Selina Förderer / Germany / 62,0 kg / 57,5 kg / 99,82 p.

Open : 1. Cindy Kretschmar / Germany / 68,0 kg / 92,5 kg / 150,87 p.
2. Veera Saloma / Finland / 75,0 kg / 80,0 kg / 123,44 p.
3. Maaret Kirjonen / Finland / 66,5 kg / 70,0 kg / 115,85 p.
4. Saija Kantola / Finland / 101,0 kg / 72,5 kg / 98,53 p.

Men :

Youth - 75 kg: 1. Dariusz Wybraniak / Poland / 67,9 kg / 90,0 kg / 22,10 p.

Youth - 95 kg: 1. Maksymilian Blinkiewicz / Poland / 79,7 kg / 167,5 kg / 87,80 p. / **WR**.
2. Fabian Baum / Germany / 94,8 kg / 155,0 kg / 60,20 p.

Juniors -75 kg: 1. Rafal Oraczewski / Poland / 74,5 kg / 145,0 kg / 70,50 p.
2. Moritz Thelocka / Germany / 73,5 kg / 142,5 kg / 69,00 p.
3. Damian Turowski / Poland / 70,4 kg / 87,50 kg / 17,10 p.

Juniors - 95 kg: 1. Manuel Grbac / Austria / 93,0 kg / 177,5 kg / 84,50 p. / **WR**.

Juniors - 115 kg: 1. Lukasz Purwin / Poland / 109,4 kg / 175,0 kg / 65,60 p.
2. Anton Scherz / Germany / 112,5 kg / 165,0 kg / 52,50 p.

Open - 75 kg: 1. Dominik Skrzynski / Poland / 69,9 kg / 195,0 kg / 125,10 p. / **WR**.
2. Damian Gordon / Poland / 65,2 kg / 135,0 kg. / 69,80 p.
3. Tomasz Miloch / Poland / 74,1 kg / 140,0 kg / 65,90 p.
4. Thomas Jestel / Germany / 74,0 kg / 110,0 kg / 36,00 p.

Open - 95 kg: 1. Denny Linsdorf / Germany / 89,8 kg / 197,5 kg / 107,70 p.
2. Marcin Dziubinski / Poland / 85,9 kg / 170,0 kg / 84,10 p.
3. Krzysztof Klimaszewski / Poland / 77,3 kg / 145,0 kg / 67,70 p.

Open - 115 kg: 1. Johannes Mauracher / Austria / 113,2 kg / 250,0 kg / 136,80 p.
2. Timo Heinonen / Finland / 96,0 kg / 210,0 kg / 114,00 p.
3. Martin Erlitz / Germany / 109,5 kg / 215,0 kg / 105,50 p.
4. Dawid Gorzynski / Poland / 100,3 kg / 200,0 kg / 99,70 p.
5. Andreas Bracht / Germany / 104,5 kg / 195,0 kg / 90,50 p.
6. Andriy Yaremus / Ukraine / 110,0 kg / 200,0 kg / 90,00 p.
7. Jacek Ostrowski / Poland / 106,0 kg / 195,0 kg / 89,0 p.

Open + 115 kg: 1. Burak Kacar / Germany / 116,0 kg / 235,0 kg / 119,00 p.
2. Tomasz Andrzejczak / Poland / 136,0 kg / 215,0 kg / 79,00 p.
3. David Lukacs / Germany / 150,0 kg / 220,0 kg / 70,00 p.
4. Florian Forster / Germany / 131,0 kg / 192,5 kg / 61,50 p.

Master 1 – 75 kg: 1. Jörg Pilar / Germany / 74,0 kg / 130,0 kg / 56,00 p.

Master 1 – 95 kg: 1. Hovhannes Yazichyan / Poland / 91,4 kg / 212,5 kg / 121,10 p. / **WR.**
2. Jan Lindquist / Finland / 82,5 kg / 177,5 kg / 95,00 p.
3. Reinhold Blüml / Germany / 93,0 kg / 187,5 kg / 94,50 p.
4. Alexander Koch / Germany / 87,5 kg / 135,0 kg / 47,50 p.

Master 1 – 115 kg: 1. Ronald Lucas / Germany / 104,0 kg / 222,5 kg / 118,50 p.
2. Thomas Elfner / Germany / 101,7 kg / 175,0 kg / 73,30 p.
3. Bernd Backhaus / Germany / 102,0 kg / 170,0 kg / 68,00 p.

Master 1 + 115 kg: 1. Billy Haavisto / Finland / 118,6 kg / 207,5 kg / 88,90 p.
2. Danny Schmalz / Germany / 121,5 kg / 195,0 kg / 73,50 p.
3. Kai-Uwe Werner / Germany / 115,6 kg / 177,5 kg / 61,90 p.

Master 2 – 75 kg: 1. Günther Schmid / Germany / 69,4 kg / 85,0 kg / 15,60 p.

Master 2 – 95 kg: 1. Joachim Flett / Germany / 94,5 kg / 167,5 kg / 73,00 p.
2. Thorsten Ritter / Germany / 93,0 kg / 155,0 kg / 62,00 p.
3. Fred Pommerenke / Germany / 79,5 kg / 140,0 kg / 60,50 p.

Master 2 + 115 kg: 1. Jeffri Höllenreiner / Germany / 122,0 kg / 200,0 kg / 78,00 p.

Master 3 - 95 kg: 1. Dr. Georg Varich / Germany / 85,1 kg / 132,5 kg / 47,40 p.
2. Voitto Arki / Finland / 91,0 kg / 100,0 kg / 9,00 p.

Master 3 – 115 kg: 1. Peter Haas / Germany / 96,5 kg / 130,0 kg / 33,50 p.
2. Herbert Kalischke / Germany / 97,5 kg / 110,0 kg / 12,50 p.

Master 4 – 95 kg: 1. Martin Eimansberger / Germany / 94,8 kg / 110,0 kg / 15,20 p. / **WR.**

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Women:

Youth: 1. Denise Avellan / Germany / 74,0 kg / 125,0 kg / 194,37 p.
2. Gabriela Gacek / Poland / 63,0 kg / 110,0 kg / 188,65 p.

Juniors: 1. Leentje Rinne / Germany / 53,0 kg / 140,0 kg / 283,92 p. / **WR./DR.**
2. Selina Förderer / Germany / 62,0 kg / 110,0 kg / 190,96 p.

Open: 1. Claudia Rieger / Germany / 72,0 kg / 212,5 kg / 335,75 p. / **WR.**
2. Nicole Geißler / Germany / 80,0 kg / 210,0 kg / 314,37 p.
3. Heide Baumann / Germany / 57,5 kg / 142,5 kg / 263,91 p.
4. Maaret Kirjonen / Finland / 66,5 kg / 155,0 kg / 256,53 p.
5. Veera Saloma / Finland / 75,0 kg / 155,0 kg / 239,17 p.
6. Bernadetta Styrzula / Poland / 60,5 kg / 125,0 kg / 221,25 p.
7. Saija Kantola / Finland / 101,0 kg / 140,0 kg / 190,26 p.

Master 2: 1. Ines Liedtke / Germany / 54,0 kg / 105,0 kg / 208,32 p. / **WR./DR.**

Men:

Juniors – 75 kg: 1. Lukas Pommerenke / 74,9 kg / 185,0 kg / 110,10 p.
2. Dariusz Wybraniak / Poland / 67,90 / 150,0 kg / 82,10 p.

Juniors – 95 kg: 1. Manuel Grbac / Austria / 93,0 kg / 277,5 kg / 184,50 p.
2. Pawel Chilakowski / Poland / 92,8 kg / 240,0 kg / 147,20 p.

Juniors – 115 kg: 1. Anton Scherz /Germany / 112,5 kg / 280,0 kg / 267,50 p.
2. Lukasz Purwin / Polen / 109,4 kg / 250,0 kg / 140,60 p.

Juniors + 115 kg: 1. Stefan Straßer / Germany / 119,0 kg / 280,0 kg / 161,00 p.

Open – 75 kg: 1. Tomasz Miloch / Poland / 74,1 kg / 250,0 kg / 175,90 p. / **WR.**
2. Thomas Jestel / Germany / 74,0 kg / 170,0 kg / 96,00 p.

Open – 95 kg: 1. Tim Konertz / Germany / 92,20 kg / 312,5 kg / 220,30 p. / **WR./DR.**
1. Markus Bräuer / Austria / 87,2 kg / 307,5 kg / 220,30 p.
2. Marek Zych / Czech-Republic / 93,20 / 310,0 kg / 216,80 p.
3. Norman Halko / Germany / 84,0 kg / 255,0 kg / 171,00 p.
4. Matthias Schröter / Germany / 80,3 kg / 250,0 kg / 169,70 p.
5. Roman Medvedchuk / Ukraine / 82,6 kg / 250,0 kg / 167,40 p.
6. Krzysztof Klimaszewski / Poland / 77,3 kg / 200,0 kg / 122,70 p.

Open – 115 kg: 1. Lukasz Kownacki / Poland / 107,4 kg / 315,0 kg / 207,60 p.
2. Klaus Steinbock / Austria / 104,7 kg / 290,0 kg / 185,30 p.
3. Andriy Yaremus / Ukraine / 110,0 kg / 292,5 kg / 182,50 p.
4. Timo Heinonen / Finland / 96,0 kg / 270,0 kg / 174,00 p.
5. Sepp Maurer / Germany / 111,5 kg / 280,0 kg / 168,50 p.
6. Hatthias Hörning / Germany / 113.1 kg / 270,0 kg / 156,90 p.
7. Johannes Kraft / Germany / 98,5 kg / 240,0 kg / 141,50 p.

Open + 115 kg: 1. David Lukacs / Germany / 150,0 kg / 300,0 kg / 150,00 p.
2. Florian Forster / Germany / 131,0 kg / 250,0 kg / 119,00 p.
3. Adam Nalewajk / Poland / 145,8 kg / 180,0 kg / 34,20 p.

Master 1 – 95 kg: 1. Michael Bründl / Germany / 94,0 kg / 315 kg / 221,00 p. / **WR.**
2. Jan Lindquist / Finland / 82,5 kg / 300,0 kg / 217,50 p.
3. Reinhold Blüml / Germany / 93,0 kg / 250,0 kg / 157,00 p.

Master 1 – 115 kg: 1. Rene Falk / Germany / 108,0 kg / 310,0 kg / 202,00 p. / **WR.**
2. Bernd Backhaus / Germany / 102,0 kg / 250,0 kg / 148,00 p.
3. Martin Wübbena / Germany / 101,3 kg / 220,0 kg / 118,70 p.
- Bernhard Windfelder / Germany / 103,0 kg / --- / ---

Master 1 + 115 kg: 1. Robert Nems / Poland / 127,0 kg / 315,0 kg / 188,00 p.
2. Billy Haavisto / Finland / 118,6 kg / 290,0 kg / 171,40 p.
3. Hans-Jürgen Sandl / Germany / 119,0 kg / 260,0 kg / 141,00 p.

Master 2 – 95 kg: 1. Zbigniew Turowski / Poland / 88,0 kg / 240,0 kg / 152,00 p.
2. Josef Sussbauer / Germany / 95,0 kg / 205,0 kg / 110,00 p.
3. Joachim Flett / Germany / 94,5 kg / 200,0 kg / 105,50 p.

Master 2 – 115 kg: 1. Birger Liedtke / Germany / 105,0 kg / 290,0 kg / 185,00 p.
2. Manfred Cebulla / Germany / 101,8 kg / 240,0 kg / 138,20 p.

Master 2 + 115 kg: 1. Robert Baumann / Germany / 119,7 kg / 290,0 kg / 170,30 p. **WR./DR.**
2. Andreas Hordan / Germany / 117,5 kg / 220,0 kg / 102,50 p.

Master 3 – 75 kg: 1. Burkhard Steffen / Germany / 70,7 kg / 150,0 kg / 79,30 p.
2. Hans Malchau / Germany / 74,0 kg / 130,0 kg / 56,00 p.

Master 3 – 95 kg: 1. Jozef Bejgrowicz / Poland / 85,4 kg / 220,0 kg / 134,60 p. / **WR.**
2. Voitto Arki / Finland / 91,0 kg / 220,0 kg / 129,00 p.
3. Eckhardt Pelz / Germany / 92,5 kg / 170,0 kg / 77,50 p.
4. Karl-Heinz Schwittlich / Germany / 91,1 kg / 140,0 kg / 48,90 p.

Master 3 – 115 kg: 1. Peter Haas / Germany / 96,5 kg / 255,0 kg / 158,50 p. / **WR./DR.**
2. Herbert Kalischke / Germany / 97,5 kg / 180,0 kg / 82,50 p.

Master 3 + 115 kg: 1. Hans Zerhoch / Germany / 133,0 kg / 270,0 kg / 137,00 p. / **WR./DR.**

Master 4 – 95 kg: 1. Martin Eimansberger / Germany / 94,8 kg / 122,5 kg / 27,70 p. / **WR./DR.**

IRP – Worldchampionchips 2014 / Ciechanow / Poland / Results / Squat

Women – Juniors: 1. Denise Avellan / Germany / 74,0 kg / 110,0 kg / 171,05 p.

Men :

Juniors – 75 kg: 1. Moritz Thelocka / Germany / 73,5 kg / 165,0 kg / 91,50 p.
2. Dariusz Wybraniak / Poland / 67,9 kg / 125,0 kg / 57,10 p.
3. Damian Turowski / Poland / 70,4 kg / 125,0 kg / 54,60 p.

Juniors – 95 kg: 1. Maximilian Balzow / Germany / 82,9 kg / 185,0 kg / 102,10 p.

Juniors – 115 kg: 1. Anton Scherz / Germany / 112,5 kg / 240,0 kg / 127,50 p.
2. Lukasz Purwin / Poland / 109,4 kg / 220,0 kg / 110,60 p.

Open – 75 kg: 1. Tomasz Miloch / Polen / 74,1 kg / 202,5 kg / 128,40 p. / **WR.**
2. Thomas Jestel / Germany / 74,0 kg / 140,0 kg / 66,00 p.

Open – 95 kg: 1. Michael Klein / Germany / 91,8 kg / 265,0 kg / 173,20 p. / **WR./DR.**
2. Matthias Schröter / Germany / 80,3 kg / 205,0 kg / 124,70 p.
3. Benjamin Selge / Germany / 81,8 kg / 195,0 kg / 113,20 p.
4. Krzysztof Klimaszewski / Poland / 77,3 kg / 150,0 kg / 72,70 p.

Open – 115 kg: 1. Andriy Yaremus / Ukraine / 110,0 kg / 280,0 kg / 170,00 p.
2. Johannes Kraft / Germany / 98,5 kg / 205,0 kg / 106,50 p.

Open + 115 kg: 1. David Lukacs / Germany / 150,0 kg / 330,0 kg / 180,00 p. / **WR./DR.**
2. Adam Nalewajk / Poland / 145,8 kg / 140,0 kg / ----- p.

Master 1 – 95 kg: 1. Alexander Koch / Germany / 87,5 kg / 160,0 kg / 72,50 p.

Master 1 – 115 kg: 1. Rene Falk / Germany / 108,0 kg / 260,0 kg / 152,0 p.
2. Bernd Backhaus / Germany / 102,0 kg / 250,0 kg / 148,0 p.

Master 1 + 115 kg: 1. Danny Schmalz / Germany / 121,5 kg / 300,0 kg / 178,50 p.
2. Billy Haavisto / Finland / 118,6 / 250,0 kg / 131,40 p.

Master 2 – 95 kg: 1. Zbigniew Turowski / Poland / 88,0 kg / 220,0 kg / 132,00 p. / **WR.**
2. Joachim Flett / Germany / 94,5 kg / 200,0 kg / 105,50 p.
3. Josef Sussbauer / Germany / 95,0 kg / 170,0 kg / 75,00 p.

Master 2 + 115 kg: 1. Andreas Hordan / Germany / 117,5 kg / 200,0 kg / 82,50 p.

Master 3 – 75 kg: 1. Burkhard Steffen / Germany / 70,7 kg / 160,0 kg / 89,30 p.

Master 3 – 95 kg: 1. Eckhardt Pelz / Germany / 92,5 kg / 182,5 kg / 90,00 p. / **WR./DR.**
2. Jozef Bejgrowicz / Poland / 85,4 kg / 160,0 kg / 74,60 p.
3. Voitto Arki / Finland / 91,0 kg / 160,0 kg / 69,00 p.

Master 3 – 115 kg: 1. Herbert Kalischke / Germany / 97,5 kg / 175,0 kg / 77,50 p. / **WR./DR.**