

# IRP European Championships Gdansk

## 12 - 13 November 2011



### Open Active - Benchpress

	Nation	Bodyweight kg	Best Result kg	Points		
<b>- 95 kg</b>						
1.	Marcel Köchel	Germany	94,3	195	100,7	
2.	Markus Krümmer	Germany	94,2	152,5	58,3	
<b>- 115 kg</b>						
1.	Oliver Hirschmann	Germany	105	200	95	
2.	Jouko Kiesiläinen	Finland	106,5	160	53,5	
3.	Marko Lamprecht	Germany	112	155	43	
4.	Martin Kobliha	Czech Rep.	102,8	145	42,2	
<b>+ 115 kg</b>						
1.	Mirko Jentzsch	Germany	119	232,5	113,5	GR/WR
2.	Adam Svehla	Czech Rep.	126,6	207,5	80,9	
3.	Danny Schmalz	Germany	126	202,5	76,5	
4.	Michael Blumstein	Germany	117,5	187,5	70	

### Open Active – Squat

	Nation	Bodyweight kg	Best Result kg	Points		
<b>- 75 kg</b>						
1.	Sebastian Kienast	Germany	74	180	106	
<b>- 95 kg</b>						
1.	Markus Krümmer	Germany	94,2	240	145,8	
2.	Matthias Schröter	Germany	80	197,5	117,5	
<b>- 115 kg</b>						
1.	Marco Lamprecht	Germany	112	300	188	GR/WR
2.	Jouko Kiesiläinen	Finland	106,5	225	118,5	
<b>+ 115 kg</b>						
1.	Michael Blumstein	Germany	117,5	300	182,5	

# IRP European Championships Gdansk

## 12 - 13 November 2011



### Open Active – Deadlift

	Nation	Bodyweight kg	Best Result kg	Points	
<b>- 75 kg</b>					
1. Sebastian Kienast	Germany	74	235	161	GR/WR
<b>- 95 kg</b>					
1. Vladimir Tucek	Czech Rep.	91,1	292,5	201,4	WR
2. Markus Krümmer	Germany	94,2	285	190,8	
3. Matthias Schröter	Germany	80	215	135	
<b>- 115 kg</b>					
1. Marko Lamprecht	Germany	112	280	168	
2. Frank Mücke	Germany	108,5	270	161,5	
3. Martin Kobliha	Czech Rep.	102,8	235	132,2	
4. Jouko Kiesiläinen	Finland	106,5	220	113,5	
<b>+ 115 kg</b>					
1. Adam Svehla	Czech Rep.	126,6	290	163,4	
2. Michael Blumstein	Germany	117,5	280	162,5	

### Master 1 – Benchpress

	Nation	Bodyweight kg	Best Result kg	Points	
<b>- 75 kg</b>					
1. Jörg Pilov	Germany	74,8	135	60,2	
<b>- 95 kg</b>					
1. Lech Tillade	Germany	88	115	27	
<b>- 115 kg</b>					
1. Frank Leiyng	Germany	112	232,5	220,5	GR/WR
2. Thorsten Maltzen	Finland	100,5	172,5	72	

### Master 1 – Squat

	Nation	Bodyweight kg	Best Result kg	Points	
<b>- 95 kg</b>					
1. Lech Tillade	Germany	88	112,5	24,5	
<b>- 115 kg</b>					
1. Boguslaw Kwiatkowski	Poland	106	220	114	
2. Andreas Hordan	Germany	114,6	200	85,4	
<b>+ 115 kg</b>					
1. Ralf Kanthak	Germany	122,5	280	157,5	

# IRP European Championships Gdansk

## 12 - 13 November 2011



### Master 1 – Deadlift

	Nation	Bodyweight kg	Best Result kg	Points
<b>- 95 kg</b>				
1. Lech Tillade	Germany	88	145	57
<b>- 115 kg</b>				
1. Andreas Hordan	Germany	114,6	230	115,4
2. Boguslaw Kwiatkowski	Poland	106	170	64
<b>+ 115 kg</b>				
1. Ralf Kanthak	Germany	122,5	260	137,5

### Master 2 – Benchpress

	Nation	Bodyweight kg	Best Result kg	Points	
<b>- 95 kg</b>					
1. Joachim Flett	Germany	94,3	182,5	88,2	
2. Jürgen Slawik	Germany	93,9	160	66,1	
3. Gottfried Foltas	Germany	86	115	29	
<b>- 115 kg</b>					
1. Jürgen Marek	Germany	114	232,5	118,5	GRWR
2. Bernd Mielke	Germany	108	190	82	
<b>+ 115 kg</b>					
1. Walter Kurda	Germany	122,4	205	82,6	

### Master 2 – Squat

	Nation	Bodyweight kg	Best Result kg	Points
<b>- 95 kg</b>				
1. Joachim Flett	Germany	94,3	202,5	108,2
2. Jürgen Slawik	Germany	93,9	195	101,1
3. Gottfried Foltas	Germany	86	150	64

### Master 2 – Deadlift

	Nation	Bodyweight kg	Best Result kg	Points	
<b>- 95 kg</b>					
1. Jürgen Slawik	Germany	93,9	240	146,1	GRWR
2. Gottfried Foltas	Germany	86	200	114	
3. Joachim Flett	Germany	94,3	195	100,7	

### Master 3 – Deadlift

	Nation	Bodyweight kg	Best Result kg	Points
<b>- 95 kg</b>				
1. Klaus Berbig	Germany	80,8	175	94,2

# IRP European Championships Gdansk

## 12 - 13 November 2011



### Women – Benchpress

	Nation	Bodyweight kg	Best Result kg	Points	
<b>Juniors</b>					
1. Denise Bauer	Germany	55,2	72,5	140,07	GR/WR
2. Anna Karrila	Finland	82	90	133,11	
3. Maria Fuchs	Germany	58	67,5	124,07	
<b>Master 1</b>					
1. Kamila Tillack	Germany	63,5	70	119,49	
<b>Master 2</b>					
1. Lolita Maurer	Germany	60	87,5	156,01	GR/WR

### Women – Squat

	Nation	Bodyweight kg	Best Result kg	Points	
<b>Juniors</b>					
1. Denise Bauer	Germany	55,2	100	193,2	GR/WR
2. Anna Karrila	Finland	82	125	184,87	
3. Maria Fuchs	Germany	58	90	165,42	
<b>Active</b>					
1. Anett von der Weppen	Germany	86	180	260,1	GR/WR
<b>Master 1</b>					
1. Kamila Tillack	Germany	63,5	70	119,49	

### Women – Deadlift

	Nation	Bodyweight kg	Best Result kg	Points	
<b>Juniors</b>					
1. Denise Bauer	Germany	55,2	145	280,14	GR/WR
2. Maria Fuchs	Germany	58	135	248,13	
3. Anna Karrila	Finland	82	145	214,45	
<b>Active</b>					
1. Anett von der Weppen	Germany	86	185	267,32	GR/WR
<b>Master 1</b>					
1. Kamila Tillack	Germany	63,5	130	221,91	

# IRP European Championships Gdansk

## 12 - 13 November 2011



### Juniors – Benchpress

	Nation	Bodyweight kg	Best Result kg	Points	
<b>- 95 kg</b>					
1. Tobias Ommer	Germany	84,7	95	10,3	
<b>- 115 kg</b>					
1. Tobias Schmid	Germany	110,5	212,5	102	GR/WR
2. Felix Natzschka	Germany	112,8	210	97,2	
3. Marcin Sendwicki	Poland	101,5	182,5	81	
4. Jiri Tkadlcik	Czech Rep.	98,3	172,5	74,2	

### Juniors – Squat

	Nation	Bodyweight kg	Best Result kg	Points	
<b>- 95 kg</b>					
1. Tobias Ommer	Germany	84,7	155	70,3	
<b>- 115 kg</b>					
1. Marcin Sendwicki	Poland	101,5	250	148,5	
2. Jiri Tkadlcik	Czech Rep.	98,3	237,5	139,2	
3. Robin Buchholz	Germany	101	200	99	

### Juniors – Deadlift

	Nation	Bodyweight kg	Best Result kg	Points	
<b>- 95 kg</b>					
1. Alexander Westermeier	Germany	90,4	265	174,6	
2. Johannes Kastenholz	Germany	84,2	220	135,8	
3. Tobias Ommer	Germany	84,7	200	115,3	
<b>- 115 kg</b>					
1. Jiri Tkadlcik	Czech Rep.	98,3	322,5	224,2	WR
2. Marcin Sendwicki	Poland	101,5	280	178,5	
3. Robin Buchholz	Germany	101	225	124	

WR = World Record  
GR = German Record